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# Lesson 1

## Present Simple Adverbs of frequency

### **Grammar Theory**

### A. Present Simple

### Affirmative 🗸

I cook
You cook
He cooks
She cooks
It cooks
We cook
You cook

### Negative X

I don't cook
You don't cook
He doesn't cook
She doesn't cook
It doesn't cook
We don't cook
You don't cook
They don't cook

### Interrogative?

Do I cook?
Do you cook?
Does he cook?
Does she cook?
Does it cook?
Do we cook?
Do you cook?
Do they cook?

### Short answers

Yes, I do. / No, I don't. Yes, he does. / No, he doesn't.



### Examples

I walk to school every day.

I don't walk to school every day.

He **gets up** at 7 o'clock. He **doesn't get up** at 7 o'clock.

- **Do** you **walk** to school every day?
- Yes, I do. / No, I don't.
- **Does** he **get up** at 7 o'clock?
- Yes, he does. / No, he doesn't.

We use the Present Simple to talk about:

• habits, routines or states. Rory brushes his teeth in the morning.

Moira **lives** in London.

• facts that are generally true. Lions come from Africa.

### Spelling rules (3rd person singular)

-S	I cook	-	he cooks
-es	I dress	<b>→</b>	he dresses
	I brush	-	he brushes
	I watch	<b>→</b>	he watches
	I relax	$\rightarrow$	he relaxes
	I go	<b>→</b>	he goes
-ies	I try	<b>→</b>	he tries
	① I play	<b>→</b>	he plays
	I have	-	he has

### ||||||

### **Time expressions**

every day/week/month/..., on Monday(s), on Friday morning(s), at the weekend, at weekends, at noon/night/midnight, in the morning/afternoon/evening, in (the) winter, in March, once/twice a year, three times a week, etc.

- How often do you tidy your room?
 - I tidy my room once a week.

The word order in questions with question words is:

1 question word
What do they study?
Where does he work?

### **B.** Adverbs of frequency

We use adverbs of frequency to show how often something happens.



- Adverbs of frequency go:
  - before main verbs. We sometimes go hiking at the weekend.

I don't **always** <u>relax</u> in the evening. Does Nadia **often** <u>prepare</u> your meals?

• after the verb "be". I am never late for work.

Janet isn't **always** busy in the afternoon. <u>Are</u> you **usually** at home on Sundays?

of the verbs:	e Present Simple (√)	Write sent
worry - do - he	ave - sit - swim - tidy	1. Ron and I - do - օւ
1. We swim in t	the lake at weekends.	Ron and I sometin
2. I sometimes	the dishes after lunch.	2. my brother - be -
3. Mothers often	about their kids.	
<b>4.</b> Dad th	e garage every month.	3. grandma - watch
5. My brother Ken never	quietly.	
6. Sally always	a big breakfast.	4. I - be - hungry in t

- Nick doesn't go (not go) shopping on weekdays.
   My neighbours (not make) any noise.
   (Mrs Ray / speak) Italian well?
   It (not rain) much in my country.
   (kangaroos / live) in Australia?
   When (you / meet) your friends?
- 3 Choose and circle.
- 1. David don't / doesn't work on Saturdays.
- 2. What time does Peter has / have English classes?
- 3. Some of my classmates don't / doesn't like maths.
- 4. Where do she / you usually spend your holidays?
- 5. Does / Do Fred know the answer to my question?
- 6. I'm afraid Linda doesn't try / tries very hard.

- Write sentences in the Present Simple using the adverbs of frequency.
- Ron and I do our homework together (sometimes)
   Ron and I sometimes do our homework together.
   my brother be very funny (usually)
   grandma watch TV with us (rarely)
   I be hungry in the morning (never)
   the sun shine in summer (always)
- Fill in with do/does and complete the answers as in the example.
- 1.- What time \_\_\_\_\_ you take the bus to school?

   | take the bus to school at half past eight \_\_\_ (8:30)
- 2. When Helen study?
  - She . (evening)
- 3. How often Mr Brown eat fruit?
  - He ..... (every day)
- **4.** When the Finns visit their village?
- 5. When your dad wash the car?
- Look at the pictures and write negative and affirmative sentences as in the example.











1. Jane plays basketball at the weekend.

Jane doesn't play basketball at the weekend. She goes to the cinema.

- 2. My sisters go to the gym twice a week.
- 3. Mr Black wakes up early on Sundays.
- 4. My brother and I relax on the sofa on Saturdays.
- 5. Grandpa rides his bicycle every day.



### **Grammar Theory**

### Affirmative v

I'm cooking You're cooking He's cooking She's cooking It's cooking We're cooking You're cooking They're cooking

### Negative X

I'm not cooking You aren't cooking He isn't cooking She isn't cooking It isn't cooking We aren't cooking You aren't cooking They aren't cooking

### Interrogative?

Am I cooking? Are you cooking? Is he cooking? Is she cooking? Is it cooking? Are we cooking? Are you cooking? Are they cooking?

### **Short answers**

Yes, I am. / No, I'm not. Yes, you are. / No, you aren't. Yes, he is. / No, he isn't.

### **Examples**

I'm reading a book now.

He's working a lot this week.

They're sitting on the sofa right now.

I'm not reading a book now.

He **isn't working** a lot this week.

They **aren't sitting** on the sofa right now.

- **Are** you **reading** a book now?
- Yes, I am. / No, I'm not.
- **Is** he **working** a lot this week?
- Yes, he is. / No, he isn't.
- **Are** they **sitting** on the sofa right now?
- Yes, they are. / No, they aren't.

We use the Present Continuous to talk about:

- something that is happening now. I am tidying my room now.
- temporary situations. We **are planning** our summer holidays these days.

### **Spelling rules**

cook → cooking

make -> making

→ cutting (!) travel → travelling cut

lie → lying

### **Affirmative**

I'm cooking = I am cooking He's cooking = He is cooking We're cooking = We are cooking

#### Negative

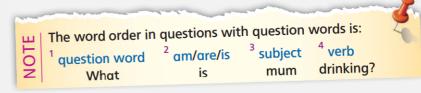
10

I'm not cooking = I am not cooking He isn't cooking = He is not cooking We aren't cooking = We are not cooking



### **Time expressions**

now, right now, at the moment, this week/month/year/..., today, tonight, these days, Look!, Listen!, etc.



### Fill in with the Present Continuous $(\checkmark)$ .

1. stay	-	1 am staying
2. put	<b>→</b>	you
3. stand	<b>→</b>	he
<b>4.</b> cry	<b>→</b>	she
5. rain	<b>→</b>	it
6. travel	<b>→</b>	we
<b>7.</b> lie	<b>→</b>	you
8. hide	<b>→</b>	they

### 2 Choose and circle.

I'm in the park opposite my house at the moment and I am <sup>1</sup> sitting / sit on a bench under a tree. It is a beautiful day and there are



a lot of people here. Some of them <sup>2</sup> is / are walking and talking quietly and some others <sup>3</sup> are jogging / jogging around the lake. Two boys are <sup>4</sup> feeding / feed the ducks and the ducks <sup>5</sup> fighting / are fighting to get the food. They <sup>6</sup> are making / making a lot of noise! It is so funny that everybody <sup>7</sup> is / are laughing. Look! An old woman <sup>8</sup> throwing / is throwing some bread into the lake, too! More hungry ducks <sup>9</sup> are coming / coming now and there's much more noise. The ducks are <sup>10</sup> having / have a great time today!

### Fill in with the Present Continuous $(\sqrt{-x})$ of the verbs:

sleep - read - not play - have not prepare - do

It is a quiet evening in Ricky's house tonight.

1. Ricky	his homework.	
2. His sister	a book.	
3. She	video games.	
4. His parents	on the sofa.	
5. They	to go out.	
But wait a minute! What's that noise? Oh no!		
6. His neighbours	a party!	

Look at the pictures and write dialogues in the Present Continuous as in the example. Use:

watch TV - wait for the bus - sing ride his bike - <u>chat online</u>



Connie - study - English - now - ?
 Is Connie studying English now?
 No, she isn't. She's chatting online.



2. your brother - run - now - ?



3. the kids - eat - lunch - now - ?



4. that woman - listen - to music - ?



5. these people - dance - ?

### Complete the questions as in the example.

1 What is he buying	?
- He is buying a magazine.	
2 What	?
- The baby is holding a pencil.	
3 Whose laptop	?
- I'm using my brother's laptop.	
4 Where	?
- Aunt Mary is going to Glasgow.	
5 Who	?
- She is helping her mother.	
6 What	?
- They are carrying suitcases.	

## Lesson 3



## Present Simple vs Present Continuous State Verbs

### **Grammar Theory**

### A. Present Simple vs Present Continuous

### Present Simple

### Affirmative √

### I/You/We/They cook He/She/It cooks

### Negative **★**

I/You/We/They don't cook
He/She/It doesn't cook

### Interrogative?

Do I/you/we/they cook?
Does he/she/it cook?

### **Short answers**

Yes, I do. / No, I don't. Yes, he does. / No, he doesn't.

#### Use

- for habits, routines or states

  I get up early on weekdays. Max works in Milan.
- for facts that are generally true It rarely rains in the Sahara Desert.

### **Time expressions**

every day/week/month/..., on Monday(s), on Friday morning(s), at the weekend, at weekends, at noon/night/midnight, in the morning/afternoon/evening, in (the) winter, in March, once/twice a year, three times a week, always, usually, often, sometimes, rarely, never, etc.

### **Present Continuous**

### Affirmative √

### I'm cooking You/We/They're cooking He/She/It's cooking

### Negative 🗴

I'm not cooking
You/We/They aren't cooking
He/She/It isn't cooking

### Interrogative?

Am I cooking? Are you/we/they cooking? Is he/she/it cooking?

### **Short answers**

Yes, I am. / No, I'm not. Yes, you are. / No, you aren't. Yes, he is. / No, he isn't.

#### Use

- for something that is happening now I'm doing my homework now.
- for temporary situations
   Brian is staying with his uncle this week.

### **Time expressions**

now, right now, at the moment, this week/month/year/..., today, tonight, these days, Look!, Listen!, etc.

### **B. State Verbs**

State verbs show state, not action, and we don't use them in the Present Continuous. We use them in the Present Simple even when we are talking about things that are happening at the moment of speaking. State verbs usually express:

- wants and likes.
   like, love, want, need, hate, prefer, etc.
   We need some bread. Can you buy some?
- thoughts and opinions.
   know, believe, understand, remember, think, etc.
   Miranda doesn't believe your story.
- senses.
   see, hear, smell, taste, sound, etc.
   This soup tastes good! What's in it?
- possession.
   have, belong (to), own, etc.
   Does Mr Berry own a car?

- Other state verbs: be, mean, seem, cost, etc. A flat in London costs a lot of money.
- We can use the verb "have" in the Present Continuous, too, but with a different meaning.

Linda **has** three small dogs. (= has got)

BUT

We **are having** lunch with our friends today. (= are eating)
Steven **is having** a cup of tea. (= is drinking)
The kids **are having fun** in the pool now. (= are enjoying themselves)

1 Circle the correct answer.	Present Simple or Present Continuous? Look at the time expressions and
1. I history at the moment.	write sentences as in the example.
a. am studying b. study c. are studying	1. your sister - go - to the cinema - ? (now / on Sundays)
2. We dinner with our friends now.	Is your sister going to the cinema now?
a. are eating b. eat c. eating	<b>Does</b> your sister <b>go</b> to the cinema on Sundays?
a. Do come b. Is coming c. Are coming	2. we - have - lunch at school (usually / today)
4. Grandma cakes every day.	
<ul><li>a. aren't</li><li>b. isn't</li><li>c. doesn't</li><li>making</li><li>make</li></ul>	3. Kate - not listen - to music (right now / every day)
5. Jimmy on a farm this month.	
a. is working b. works c. work	
6. What you usually at the weekend? a. is doing b. do do c. are doing	4. the kids - sleep - quietly - ? (at night / tonight)
7. Look! Where Ted with those bags?	
a. are going b. does go c. is going	<b>5. Mr Lee - tidy - the house</b> (this weekend / at weekends)
2 Choose and circle.	
1. They are sleeping at the moment / every day.	
2. Do you meet Sally this weekend / at weekends?	<b>6.</b> I - not sit - next to Sue (always / at the moment)
3. Alan goes to bed early tonight / every night.	
4. I'm having guitar lessons this year / on Fridays.	
5. Is dad drinking coffee now / in the morning?	7. you - work - abroad - ? (this year / in winter)
6. He doesn't watch TV today / in the afternoon.	
7. We are staying in Paris this week / once a week.	
Fill in with the Present Simple or Present Continuous (√-X-?).	5 Circle the correct answer.
1. Jerry (play) with his friends now	1. What you about elephants?  a. do know b. are knowing
his sister (want) to play with t	them
2. I (not remember)	2. I French this year and I like it a lot.
story so now I (read) it o	again. 3. What a silly story! I one word of it!
3. Fay (not understar	a. don't believe b. am not believing
exercise so now Sam (help) her	4
4. Hey, look! That bike (belong) to	
Why (Nathan / ride)	

5. Anthony (cook) spaghetti at the

moment. He .....(love) Italian food!

b. sings

a song. Do you like it?

6. Listen! Someone

a. is singing